

# T A N G S O O T I M E S

---

ISSUE NO. 123

610-522-9120

NOVEMBER 2001

---

P A L C H E T A N G S O O D O

229 SOUTH CHESTER PIKE

GLENOLDEN, PA 19036

---

---

## CALENDAR OF EVENTS

Nov 19 - Gup test at Dojang. No adult class.  
Nov 22 - Closed for Thanksgiving

## MONDAY NIGHT ADULT CLASS SCHEDULE

Nov 5 - Regular Adult Class.  
Nov 12 - Regular adult class.  
Nov 19 - Gup test at dojang. No adult class.  
Nov 26 - Black Belt Class. Red belts and higher.

## MASTER'S CORNER

An Open letter to all Black Belts:

Located inside the glass-enclosed bulletin board is a "family tree" of all the Black Belts produced at Pal Che. Whenever a Black Belt is promoted or a new one is produced, we give a copy of this pedigree to you. The reason this is done is two-fold: first-you don't know where you are going if you don't know from where you came. Second-as you look at your genealogy you should know pertinent facts about your teacher, his teacher's teacher, and so on. That way, if anyone ever asks you for information about your martial arts career, you can tell them. You need to be able to "rattle off" your lineage to any one who should ask. You should not perceive yourself largely in terms of your own accomplishments but rather that the integrity of your art as it was practiced and studied by those who came before will play a big part in shaping your own character. For understand this, whenever I "run into" a person who tells me he also "does karate", my first question is, "who is your teacher?" By knowing who is his teacher, I have a pretty good estimation of the quality of his karate-mentally, physically, and spiritually. What it all boils down to is this, "Where you came from is who you are!!!"

## THE HALLOWEEN PARTY

This year's Halloween Party was a great success. We had a great turnout, over 50 people. We liked to thank all the parents and students who donated food, party items, and especially their time. Look for upcoming details on meetings for the Year-End Holiday Party.

## **NEW STUDENTS**

We would like to welcome the following new students to our Dojang and to the worldwide family of Tang Soo Do:

Coulton Bolder      Michael Hrach      Alicia Callaghan  
Ryan Quigley      Sean Quigley

Train often and train hard. You are on the steep portion of the classic learning curve and every class should reveal something new and exciting to you. If you ever have any questions, do not hesitate to ask a senior student.

## **FEATURE ARTICLE**

The Region 8 Championships were held over the weekend of October 19<sup>th</sup>. There were four students from Pal Che competing in this year's championships. Combined, they won six medals. We at Pal Che view tournaments more as a family reunion more so than a competition. Over the years, I have been a regular attendee to this Region 8 get together, and have met many friends in the process. This year was no different. Five families made the trip up to the Poconos, some to compete, others to support their fellow students. We had a great time, met new friends and had the chance to reminisce with the old.

Pam Thompson, who attended last year's Region 8 Championship as a mother and spectator submitted this month's feature article, but this year experienced it as a competitor:

Will the second or third time competing be anything like the first? The not knowing, the fear, the anxiety of doing it right. I am speaking of my first time competing in a tournament. All day we wondered, we watched, we compared ourselves to the other competitors. The older more secure Green and Brown belts, the younger and more skilled Black Belts, with their all out enthusiasm, the technically correct. The big, the small. Could we go through with it? Then the waiting, waiting for our ring to be called and everyone to show up. Again, comparing "them" to "us."

Then finally meeting and talking with them, realizing they feel the same anxious, jittery, restlessness that we feel. Then they call your name...Waiting on deck...It's time....Doing a form and even sparring with Moo Shim, empty mind. No real thought, just auto pilot. What we've learned...What we know....And then it's over...But wait, it can't be over...I'm ready for more...

My karate family is growing. I look forward to seeing those familiar faces again. To see how they are, how time has treated them.

## **THOUGHT FOR THE MONTH**

**Our purpose for attending tournaments is not to win or lose but for having or not having tried your utmost.**

**Grandmaster J.C. Shin**