TANG SOO TIMES

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MAY 1999

PAL CHE TANG SOO DO

229 SOUTH CHESTER PIKE

GLENOLDEN, PA 19036

CALENDAR OF EVENTS

May 1 - East Coast Championships. May 10 - Gup test at Dojang. No adult class. May 29 - Memorial Day weekend. No classes. May 31 - Memorial Day. No classes.

MONDAY NIGHT CLASS SCHEDULE

May 3 - Regular Adult Class. May 10 - Gup test at Dojang. No adult class. May 17 - Cardio class. Pre-registration is a must. May 24 - Sparring class. All ranks welcome

MASTER'S CORNER

On Saturday April 24 Pal Che had 4 individuals test for Black Belt or advanced ranking. We had an exceptional turnout of students to watch the test and to add moral support to our testing candidates. It made me feel good to see this type of support and I'm sure the testing candidates appreciated your being there. All four of our students carried themselves with grace, dignity, and purpose. They had "girded their loins for battle" and battle they did. I was very proud of their performances as well as was the other students from our dojang who witnessed their tests. Our students had learned their lessons well and were successful in their quest for promotion.

NEW STUDENTS

We would like to welcome the following new students to our Dojang and to the worldwide family of Tang Soo Do:

GREG KALBACH LANGSTON SMART

Train often and train hard. You are on the steep portion of the classic learning curve and every class should reveal something new and exciting to you. If you ever have any questions, do not hesitate to ask a senior student.

A SPECIAL THANKS

I would like to extend a heartfelt thank you to all the students who pitched in and helped to brighten up the Dojang.

Although it has always been the students' responsibility to keep the Dojang clean, what you did was more than expected. I would like to especially thank Joe Centrone, Mike Currie, Ricky Holst, Sundar Swaminathan, Dave Voorhees, Eric Chapman, Phil Pollock, Ashley Ferguson, Courtney Ferguson, Karen Anderson, Phil Blessington, Tom Swanton, Sean Dolhancryk, and Jordan Dolhancryk. Several parents also helped or donated services: Vince Agostinelli and Chris Givens.

SUBMITTED ARTICLES

I am an instructor as well as a student at Pal Che Tang Soo Do. I can proudly say that our Dojang has the feel of a family due to the constant encouragement from our Master Instructor and other instructors. We accept each student for who and what they are, knowing each student can achieve the goals they set for themselves.

One of my favorite things at our Dojang is teaching the children's class. Our children are our future. Throughout the course of a class I have been called upon to be a substitute parent, teacher, friend, and other titles too numerous to mention. I have seen tears, laughter, anger, and frustration. I can honestly say that it is all worth it when that belt is tied around a child's waist. It makes us all proud because we know we all had a part in their progress. The people I would like to thank most are the parents - without your devotion and sacrifice we would not be able to help your children realize their goals.

You have trusted us with your most prized possession - your children - and words cannot express how much that means to me and to all the other instructors at this school.

FEATURE ARTICLE

This article was submitted by Mr. Joe Centrone the day after he tested for Sam Dan $(3^{rd}$ Degree Black Belt).

Since I first stated training in Tang Soo Do back in 1990, not a day goes by that someone doesn't ask **WHY**? Why do you still go to Karate? Why do you still go to the gym? **WHY**?

When Sir Edmond Hillary returned from the first successful climb to the peak of Mt. Everest, he was asked why he climbed the mountain. He replied, "BECAUSE IT WAS THERE." My reply to the question as to why I continue in Tang Soo Do is almost as simple, "BECAUSE THAT IS WHAT WE DO."

You need to look no further than Saturday April 24 for the explanation of 'what we do' means. Four students, with four different stories tested for different ranks of black belt. Each had traveled a different path to get there. All questioned themselves at one time or another if they had what it took to succeed.

As far as Association Dan tests in our region go, we were told afterwards it was one of the more difficult ones in recent memory, and each candidate held their own, struggling at times, shining at others. We may not have been the best, but I know we were the best prepared.

But the thing that stood out the most on this day was the camaraderie and support given by the non-testing students from our school. This was the biggest turn out ever for a Dan test. Seeing everyone's face, feeling his or her energy was the reason we 'DO WHAT WE DO.' At Pal Che it is much more than just a place to practice Karate. At Pal Che we are a family. And just like in other families we are always there for one another - teaching, pushing, pulling, and at times kicking each other in the behind. Each student, whether they know it or not, plays a role in the success of others.

This should not be a one-day event. The positive feelings we all experienced on Saturday should carry over to each class or Dojang affair that goes on. There have been a lot of good things happening so far this year. The gup tests are well attended by non-testing students, we are getting plenty of help with the Saturday morning children's class, we still need help with the evening children's class however, and **HEALTHY KIDS DAY** was a great success.

We have some upcoming events scheduled that will require the same enthusiasm. The Black Belt Clinic in June, the **TIGER CUB** class, and the **CARDIO-KICK** classes. So the next time someone asks you why do you go to Karate, just smile, think of the feeling of accomplishment each of you had a hand in and say, "THAT IS WHAT I DO."

KO MAP SUM NI DA.

THOUGHT FOR THE MONTH

IF YOU CAN MOVE OTHERS AHEAD, KEEPING YOUR OWN EGO IN HIDING, CONTRIBUTING YOUR OWN EXCELLENCE TOWARDS THE ENHANCEMENT OF OTHERS, THEN YOU WILL BE ON THE RIGHT PATH OF REACHING THE ULTIMATE GOAL OF THE MARTIAL ARTS. J. C. SHIN

1999 UPCOMING EVENTS

May 10 - Gup test at Dojang. No adult class. May 14-16 - European Championships. Scotland Jun 18-20 - Region 8 Youth Dan Clinic. Jun 25-27 - Region 8 Adult Dan Clinic. No class. Jun 28 - Gup test at Dojang. No adult class. Jul 12 - Black Belt pretest at Dojang. No adult class. Jul 19 - Gup test at Dojang. No adult class. Jul 31 thru Aug 14 - China/Korea trip. Aug 16 - Gup test at Dojang. No adult class. Sep 4 - Labor Day weekend. No class. Sep 6 - Labor Day. No classes. Sep 18 - Black Belt test. No class. Oct 4 - Gup test at Dojang. No adult class. Oct 22-23 - Region 8 Championships. No class. Oct 25 - Gup test at Dojang. No adult class. Nov 22 - Gup test at Dojang. No adult class. Nov 25 - Thanksgiving. No classes. Nov 27 - Thanksgiving weekend. No class. Dec 25 - Christmas. No class.