

Pal Che Tang Soo Do Times



Pal Che Tang Soo Do

229 South Chester Pike, Suite C
Glenolden, PA 19036-2174
610-522-9120
PalCheTSD@GMail.com
www.PalCheTSD.com
Certified Member Studio Number 330
World Tang Soo Do Association
Since 1990



Issue No. 245

March 2015

Quick Notes

Merchandise Order

We are currently having a Merchandise Sale for Apparel, Sparring Gear, Weapons, and other items. Tiny Tigers and Little Dragons students will be permitted to wear T-Shirts with the Pal Che Tang Soo Do White Tiger in Water Logo on them during the Summer months from Memorial Day to Labor Day. Youth and Adult students must have their own Sparring Gear and Weapons. Order forms are available in the Lobby. The deadline is Wednesday, May 6th, 2015.

Tuition Policy

This is a reminder that **30 days** notice is required to freeze or cancel any account. Since most customers are on monthly billing, this means that if there is a payment due within the next 30 days following the date of notice of the stop, one final payment is required. Students who are taking a leave must provide notice so that their account with Member Solutions can be frozen.

Child & Parent Class

On Thursday, May 14th, 2015, there will be a Child and Parent Class from 6:30PM to 7:30PM. These classes are an opportunity for the young students to have their parents join them in class for one night and show support for them in their training. It will help parents understand how to correctly perform our Tang Soo Do techniques so that they can help their children at home. It will also be fun and a great workout. Students must have a parent or guardian attend the class with them. The Class will be open to all Tiny Tigers, Little Dragons, and Youth Students.

Breaking Seminar

On Wednesday, April 1st, in place of regular classes, there will be Special Classes on Breaking (Kyuck Pa). It will be free to attend, but students will be charged **\$3.00 per board** that they successfully break. All students are highly encouraged to attend. The schedule for this night will be as follows: Tiny Tigers and Little Dragons from 5:30PM to 6:30PM; Youth and Adults from 6:30PM to 8:00PM. On Monday, May 4th, there will be another class for Youth and Adults only.

New Study Guide & Curriculum Guide Policy

Starting next month students will be required to submit completed worksheet versions of their Study Guides in order to be eligible for testing. All students will receive new copies of their Study Guides in the coming weeks. Students must submit all Study Guides up to their Current Rank in order to be put on the testing list. Students who already have old versions of the Study Guides filled out will be permitted to use them for now. Just as class hours, rank time, and physical pre-screenings are evaluated, completed Study Guides will now be required as part of a new written pre-screening. Students will also be receiving new Curriculum Guides so that students and parents will know exactly what techniques are required for each belt level. Students should use these worksheets as checklists to ensure that they know all necessary techniques. A packet explaining more information about this will be distributed very soon to all students.

Report Cards

As Instructors, we strive to help every student become everything they are capable of becoming, both inside and outside the Dojang. Hearing about the success of our students in school is a very rewarding experience. If your child has done very well in school and has achieved all A's and B's (or equivalent) on their report card, they are eligible for recognition through the World Tang Soo Do Association by means of the GrandMaster's Scholastic Achievement Award. We encourage all parents of these students to bring in a copy of the student's report card so that it can be submitted to Headquarters. These awards are given out and announced at the end of classes, and are a good way to reward these students for their efforts.

Newsletter Articles

The Pal Che Tang Soo Do Times is always looking for articles written by students. While it would be great if they focused on your Tang Soo Do training, they can be about any topic that you think is appropriate and would benefit others. Students, Parents, and Instructors should seriously consider writing an article for an upcoming issue.

Leadership Classes

Master George Celona, Ms. Angel Celona, and Mr. Nick D'Amato have spent a great deal of time planning the upcoming Pal Che Tang Soo Do and Impact Martial Arts Joint Leadership Classes, and we have some awesome things on the schedule for 2015. All of the dates for the rest of the year are available in this issue of the Newsletter. We have a lot of new topics that we want to explore in the next few months, and we have more Guest Instructors scheduled to teach. Members of the Leadership Program should make every effort to attend these classes whenever possible, especially since it's free-of-charge and because they have so much to offer. Mark your calendars!

Referrals

As you know, karate is a great activity; it builds focus, character, confidence, and self-defense skills as well as improving physical fitness through exercise. Talk to someone you know about trying martial arts. Potential students are always welcome to come for a Free Trial Class. If you know some people who are interested, take a business card or brochure and share it with them. A referral program with prizes and incentives will be implemented later this year to thank students for helping to recruit more members to our Studio (Dojang). There is no greater compliment to thank your instructors for their hard work than referring other students to our school. We appreciate your help in growing our school.

Calendar of Events

- Wednesday, March 26th, 2015 **No Classes.** Color Belt Test (Gup Shim Sa):
Tiny Tigers & Little Dragons @ 6:30PM
Youth & Adult Students @ 7:15PM
- Wednesday, April 1st, 2015 Breaking (Kyuck Pa) Seminar:
Tiny Tigers & Little Dragons, from 5:30PM to 6:30PM
Youth & Adults, from 6:30PM to 8:00PM
- Saturday, April 11th, 2015 Region 22 Championship, from 9:00AM to 5:00PM, @
Community College of Beaver County, Monaca, PA
- Saturday, April 11th, 2015 Leadership Class, from 11:30AM to 1:30PM, @ Impact
Martial Arts, Perryville, MD
- Friday – Sunday,
April 17th – 19th, 2015 Region 5 Championship, from 5:00PM to 10:00PM and
from 8:00AM to 5:00PM, @ Powers Catholic High School,
Flint, Michigan
- Saturday, April 18th, 2015 Region 21 Championship, from 8:00AM to 5:00PM, @
Johnson Park Recreation Center, Conyers, GA
- Thursday, April 23rd, 2015 **No Classes.** Color Belt Test (Gup Shim Sa):
Tiny Tigers & Little Dragons @ 6:30PM
Youth & Adult Students @ 7:15PM
- Saturday, April 25th, 2015 Region 8 Black Belt Test (Dan Shim Sa) from 8:30AM to
4:00PM @ Twin Valley Middle School, Elverson, PA
- Saturday, May 2nd, 2015 Region 7 Spring Tournament, from 9:00AM to 5:00PM @
Taylors First Baptist Church, Taylors, SC
- Monday, May 4th, 2015 Breaking (Kyuck Pa) Seminar:
Youth & Adults ONLY, from 7:15PM to 8:30PM
- Wednesday, May 6th, 2015 Merchandise Orders Due
- Saturday, May 9th, 2015 Leadership Class, from 10:00AM to 12:00PM, @ Pal Che
Tang Soo Do, Glenolden, PA
- Thursday, May 14th, 2015 Parent-Child Class Night from 6:30PM to 7:30PM
- Saturday, May 16th, 2015 Impact Martial Arts Annual Picnic, from 9:00AM to
3:00PM, @ Perryville Community Park, Perryville, MD

Friday, May 22 nd , 2015	No Classes. Tentative Color Belt Test (Gup Shim Sa): Tiny Tigers & Little Dragons @ 6:30PM Youth & Adult Students @ 7:15PM
Monday, May 25 th , 2015	Studio (Dojang) Closed. Memorial Day.
Friday – Sunday, May 29 th – 31 st , 2015	Region 8 Youth Black Belt (Dan) Camp 1, Camp Green Lane, Green Lane, PA
Friday – Sunday, June 5 th – June 7 th , 2015	Region 8 Youth Black Belt (Dan) Camp 2, Camp Green Lane, Green Lane, PA
Friday – Sunday, June 12 th – 14 th , 2015	Region 8 Adult Black Belt (Dan) Clinic, Elizabethtown College, Elizabethtown, PA
Friday – Sunday, June 19 th – 21 st , 2015	Region 22 Adult Black Belt (Dan) Clinic, University of Pittsburgh-Johnstown, Johnstown, PA
Saturday, June 20 th , 2015	Tentative Leadership Class, Time TBA, @ Robinson's Martial Arts Institute, Tunkhannock, PA
Wednesday, June 24 th , 2015	No Classes. Tentative Color Belt Test (Gup Shim Sa) & Tentative Black Belt Pretest (Dan Shim Sa): Tiny Tigers & Little Dragons @ 6:30PM Youth & Adult Students @ 7:15PM Black Belt Candidates @ 8:00PM
Saturday, June 27 th , 2015	25 th Anniversary of Pal Che Tang Soo Do; Class from 10:00AM to 11:30AM, Kick/Break-A-Thon at 12:00PM, Party at 2:00PM
Friday – Sunday July 3 rd – 5 th , 2015	Studio (Dojang) Closed. Independence Day Weekend.
Saturday, July 11 th , 2015	Tentative Leadership Class, from 11:30AM to 1:30PM, @ Impact Martial Arts, Perryville, MD
Sunday, July 26 th , 2015	Region 8 Instructor's Class, from 10:00AM to 1:00PM, Mimidis Karate, Lancaster, PA
Saturday, August 15 th , 2015	Tentative Leadership Class, from 10:00AM to 12:00PM, @ Pal Che Tang Soo Do, Glenolden, PA
Sunday, August 30 th , 2015	Region 8 Instructor's Class, from 10:00AM to 1:00PM, Mimidis Karate, Lancaster, PA

Monday, September 7 th , 2015	Studio (Dojang) Closed. Labor Day.
Saturday, September 19 th , 2015	Region 8 Black Belt Test (Dan Shim Sa) from 8:30AM to 4:00PM @ Twin Valley Middle School, Elverson, PA
Saturday, September 26 th , 2015	Tentative Leadership Class, from 11:30AM to 1:30PM, @ Impact Martial Arts, Perryville, MD
Saturday, October 10 th , 2015	Tentative Leadership Class, from 10:00AM to 12:00PM, @ Pal Che Tang Soo Do, Glenolden, PA
Friday – Saturday October 23 rd – 24 th , 2015	Region 8 Championship, from 5:00PM to 10:00PM and from 8:00AM to 5:00PM, @ The Galleria at Split Rock Lodge & Resort, Lake Harmony, PA
Friday, October 30 th , 2015	Halloween Party, Time TBA, @ Pal Che Tang Soo Do, Glenolden, PA
Saturday, November 21 st , 2015	Tentative Leadership Class, from 11:30AM to 1:30PM, @ Impact Martial Arts, Perryville, MD
Thursday – Friday, November 26 th & 27, 2015	Studio (Dojang) Closed. Thanksgiving Holiday Weekend.
Sunday, November 29 th , 2015	Region 8 Instructor’s Class, from 10:00AM to 1:00PM, Mimidis Karate, Lancaster, PA
Saturday, December 19 th , 2015	Tentative Leadership Class, from 10:00AM to 12:00PM, @ Pal Che Tang Soo Do, Glenolden, PA

March Birthdays

Ashon Foster – 9th
Christopher Monroe – 9th
David Rivera – 12th
Tomer Gabie – 31st

Recent Promotions

Damien Wallace – Green Belt (Yuk Gup)
Aidan Glover – Dragon Brown Belt
Vernon Mayes – Dragon Yellow Belt

New Students

Colleen Hendrick

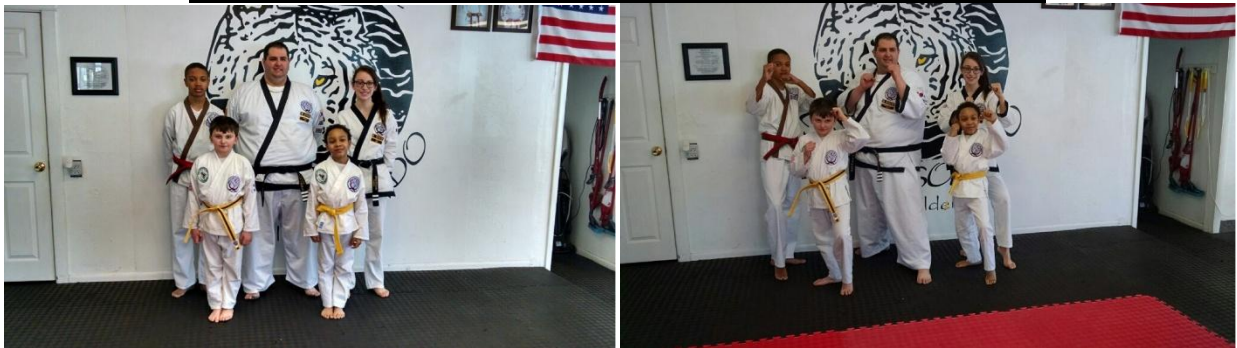
Thoughts for the Month

“Surround yourself with those who make you feel limitless.” — Jacob Salem, an American interdenominational Christian evangelist, who works as an Entrepreneur, Investor, Life-Coach, Social Media Strategist, Keynote Speaker, and Ziglar Legacy Trainer.

“Don’t give up! Normally it is the last key on the ring which opens the door.” — Paulo Coelho, a Brazilian lyricist, musician, and novelist.

Photos

Color Belt Test (Gup Shim Sa) – Saturday, February 28th, 2015



Pal Che Tang Soo Do & Impact Martial Arts Joint Leadership Class with Guest Instructor Master Scott C. Homschek – Saturday, March 7th, 2015



Parent-Child Class – Wednesday, March 11th, 2015

