# Pal Che Tang Soo Do Times



### Pal Che Tang Soo Do

229 South Chester Pike, Suite C Glenolden, PA 19036-2174 610-522-9120 PalCheTSD@GMail.com www.PalCheTSD.com Certified Member Studio Number 330 World Tang Soo Do Association



#### March-April-May 2012

## Quick Notes

Issue No. 214

The Studio Newsletter is back. All students and parents are encouraged to read the newsletter each month. It will be E-mailed to everyone, and copies will be available in the lobby at the Studio. Questions on the Written Tests may come from the Newsletter so it is important that students read them. Students and Parents are welcome and encouraged to write articles for the Newsletter if they wish to do so.

The new Spring and Summer Schedule is now set. It takes effect on Monday, May 1<sup>st</sup>, 2012. Copies are available in lobby of the Studio (Dojang). Please make a note of the changes. Many students are arriving late to class on a regular basis. We please ask that all students arrive not only on time, but early so that we can begin the classes promptly. <u>Lateness will not be acceptable, and</u> <u>students who are late more than once will only receive partial credit for the class. Each belt</u> <u>has a minimum number of classes that a student must attend, and students who are</u> <u>consistently will therefore not be eligible to test on time.</u>

All students are <u>required</u> to have the proper Patches and Trim on their uniforms. All students must have the American Flag on the Right Sleeve, the South Korean Flag on the Left Sleeve, and the World Tang Soo Do Association Emblem Patch on the Left Chest. <u>Tiny Tigers and Little</u> <u>Dragons have an additional patch on the Right Chest.</u> All Instructors have been given the appropriate Instructor Patches for their rank and certification, and they are to be worn on the Uniform (Dobohk). Students who are at the ranks of Green Belt, Brown Belt, and Red Belt are required to have trim on the lapel of their uniform (Dobohk). All students have received patches at sign up, and it is your responsibility to get them sewn onto your Uniform (Dobohk). If anyone needs Patches or Trim, please see Mr. D'Amato as soon as possible. Students not in compliance will be ineligible to test and have to wait until the next cycle. Instructors not in compliance will be unable to teach and will not receive their tuition credits.

Due to poor test scores on the Written Tests, there will be a new policy as of June 1<sup>st</sup>, 2012. In order to help students prepare for the Written Tests for each rank, all Color Belt (Gup) students in the

Youth Class and the Adult Class will be required to attend one Terminology and Study Class prior to each test. Terminology and Study Classes are offered monthly and scheduled several weeks in advance on a rotating schedule Monday through Thursday. Depending on your rank and class attendance, there is anywhere from two to five months (sometimes even longer) between tests. This means that there will be multiple opportunities for each student to attend one class per rank belt.

Applications for both of the Youth Black Belt (Dan) Camps as well as the Adult Black Belt (Dan) Clinic, are now available both online at <u>www.WTSDARegion8.com</u> and in the lobby of the Studio (Dojang). All active students are eligible and encouraged to attend these events. They are a great way to get to know other Tang Soo Do students from all over our region. If you are interested in attending, please submit your applications as soon as possible. Black Belt (Dan) Camps/Clinics are required for further advancement to higher levels of Black Belt (Dan). If you unsure if you need to attend, please meet with Mr. D'Amato as soon as possible to discuss your options.

Applications for the 2012 World Championship are also available online at <u>www.WTSDA.com</u> or in the Studio (Dojang). This year it will be very special as it will mark the 30<sup>th</sup> Anniversary of the World Tang Soo Do Association as well as the Grand Opening of the new World HeadQuarters. Get your applications in early!

#### **Calendar of Events**

Saturday, May 5 <sup>th</sup> , 2012	Impact Martial Arts Picnic, from 9:30AM to 3:00PM, Elk Neck State Park, Northeast, MD
Wednesday, May 8 <sup>th</sup> , 2012	Leadership Class, from 6:45PM to 8:15PM @ Pal Che TSD
Wednesday, May 16 <sup>th</sup> , 2012	Terminology & Study Class from 6:15PM to 7:00PM Black Belt (Dan) Class/Meeting from 7:15PM to 9:00PM
Friday - Sunday, May 18 <sup>th</sup> – 20 <sup>th</sup> , 2012	Region 8 Youth Black Belt (Dan) Camp, Camp Green Lane, Green Lane, PA
Wednesday, May 23 <sup>rd</sup> , 2012	Color Belt (Gup) Test: Youth & Adult Students @ 7:30PM
Friday – Sunday, June 1 <sup>st</sup> – 3 <sup>rd</sup> , 2012	Region 8 Youth Black Belt (Dan) Camp, Camp Green Lane, Green Lane, PA
Friday – Sunday, June 8 <sup>th</sup> – 10 <sup>th</sup> , 2012	Region 8 Adult Black Belt (Dan) Clinic, Elizabethtown College, Elizabethtown, PA
Saturday, June 16 <sup>th</sup> , 2012	Leadership Class, from 11:45AM to 1:15PM, Impact MA
Friday – Sunday July 20 <sup>th</sup> – 22 <sup>nd</sup> , 2012	World Championship, Greensboro Coliseum Complex, NC; World HeadQuarters Grand Opening, Burlington, NC

#### **New Students**

Robert Smith Yasmine Cabrera Michael Fisher Naté Griffin Tyjuan Garnder Christopher Fisher Zachary Broxton Kiana Gardner John Lyons Keyon McKenzie Nahdir Long Taniyah Martin

#### March Birthdays

Ashon Foster – 9<sup>th</sup> Conner McCullough – 9<sup>th</sup> Kiana Gardner – 11<sup>th</sup>

#### **April Birthdays**

Nicholas Chimienti  $-9^{th}$ Joseph Centrone  $-15^{th}$ Nicholas D'Amato  $-26^{th}$ Gabriel Vallejo  $-26^{th}$ 

#### **May Birthdays**

Jordon Havens  $-24^{\text{th}}$ 

#### **Recent Promotions**

Pavel Bashkirtsev – Red Belt with Stripe (Il Gup) Mikayla Davish – Orange Belt (Pahl Gup) Brian Finley – Orange Belt (Pahl Gup) Yasmine Cabrera – White Belt with Stripe (Ku Gup) Tyjuan Gardner – White Belt with Stripe (Ku Gup) John Lyons – White Belt with Stripe (Ku Gup) Xander Lyons – Yellow-Brown Dragon Belt Ethan McCartney – Yellow-Green Dragon Belt Ashon Foster – Yellow-Green Dragon Belt Leihui Tong – Yellow-Orange Dragon Belt Naté Griffin – Yellow Dragon Belt Zachary Broxton – Yellow Dragon Belt Keyon McKenzie – Yellow Dragon Belt Kiana Gardner – Yellow Dragon Belt Gabriel Vallejo – White-Green Tiger Belt Stephen Davish – White-Orange Tiger Belt Alonzo Jackson – White-Orange Tiger Belt Robert Smith – White-Orange Tiger Belt Nahdir Long – White-Orange Tiger Belt Michael Fisher – White-Orange Tiger Belt Christopher Fisher – White-Orange Tiger Belt

#### **Instructor's Angle** By: Mr. Nicholas D'Amato

Spring is here, and the weather is nice and getting warmer each day. Soon summer will be here, and the weather will be really hot. Some nights, we will find it hard to train, but martial artists don't only train when it's when there is nothing better to do. Unlike other sports and activities that have seasons at certain times of each year, training in the martial arts is an all-the-time thing, day-by-day, year-after-year. It is a life-long journey. With busy schedules and outside life tempting us to do other things, we must constantly be re-assessing our training schedule. Lately, I have notice that the attendance of some students is decreasing. The flexible schedule that we have at Pal Che is setup in such a way to be convenient and flexible so that there are many opportunities to train each week. Unlike other schools, we offer classes six days a week. This provides plenty of time to plan ahead and make sure we can set aside time to focus on coming to class. I hear all too often that because there are so many options, it is easy to put off training until tomorrow, and then when tomorrow comes, we put it off until the next tomorrow. It can't be that way. I encourage everyone to spend a few minutes and plan their weekly schedule so that you make sure that you get to class to train each week.

#### <u>Master's Corner</u> By: Master Ronald G. Raver

For some time now, I have tried to convey to the senior students here, that they need to take on more responsibility with regard to their training in Tang Soo Do. This means assisting in any way possible. I have received complaints about people being unhappy with things. My response is always to ask the person what they are doing to change things for the better. The answer is almost always that they are doing nothing to improve the condition of the Studio. This article, which was originally published in July 2000, explains how things should be handled, and is entitled: "With Rank Comes Obligation".

The student manual clearly states that a requirement for red belt is: "...voluntary participation in all Studio {Dojang} activities, exemplary conduct, and exhibit high character..." For Blue Belts {Cho Dan Bo} this same manual says, "...display extraordinary leadership and dedication to the art, Studio {Dojang}, and Association..." For Black Belts {Dan} the manual states that the requirements for promotion, among other things, are: "...have distinguished leadership ability and be a credit to his Studio {Dojang} and Association..." It also states they must "...demonstrate positive contributions and attitude towards the Studio, Art, and Association..."

I see many of these requirements lacking in a number of our high-ranking students. For a typical organization such as the Lions Club, it is said that 80% of the work is done by 20% of the membership. That's fine there, but in a Studio {Dojang} there should be equal participation by all high-ranking students, especially by the Black Belt Club members. What I see happening is that most everything is being done by just a few people. At every Black Belt {Dan} Presentation, I read from the Black Belt {Dan} Manual, Grandmaster Shin's quote, "If you can move others ahead, keeping your ego in hiding, contributing your own excellence towards the enhancement of others, then you will be on the right path of reaching the ultimate goal of the Martial Arts." Blue belts, and especially Black Belts, should jump at the chance to either teach, or help teach, beginning students.

Warriorship is a unique calling. The obligation of a warrior is to the millennia of warriors who have gone before and the obligation to protect the lineage by readying future warriors. All Black Belts as well as blue belts at Pal Che are warriors. Obligation to a warrior in Japanese is "Giri". Giri translates literally as "right reason." It means duty, but it really means much more. Giri can best be defined as a moral obligation to fulfill one's duty. It works like this: whenever someone does something for you, you assume an obligation to repay him. You carry this obligation as a burden until you relieve yourself of it by repaying the individual in a manner commensurate with what he did for you. The Japanese would say you carry his "On". Fulfilling that obligation is Giri. Giri is the glue that binds warrior societies together. If you think you have no obligation to the Hwa Rang Dan, Pal Che, Tang Soo Do, your Instructors, Grandmaster Shin, or to the White Belts, then you really have no business being here.

#### Thought for the Month

"Karate begins and ends with respect." - Master Anko Itosu