

Pal Che Tang Soo Do Times



Pal Che Tang Soo Do
229 South Chester Pike, Suite C
Glenolden, PA 19036-2174
610-522-9120
PalCheTSD@GMail.com
www.PalCheTSD.com
Certified Member Studio Number 330
World Tang Soo Do Association



Issue No. 217

August-September 2012

Quick Notes

Schedule

The new training schedule takes effect with the first day of classes in September on Tuesday, September 4th, 2012. Copies have been E-mailed and are available on the website and in the lobby.

Summer T-Shirt Policy

Beginning on Tuesday, September 4th, 2012 (after Labor Day) students who are in the Tiny Tigers and Little Dragons Classes are not permitted to wear T-Shirts, and they must return to wearing their full Uniform (Dobohk). T-Shirts are only worn during the Summer months. As a reminder for Tests and Tournaments, the official white Uniform (Dobohk) with jacket must be worn.

Referrals

As you know, karate is a great activity; it helps build focus, character, confidence, and self-defense skills as well as being excellent for fitness and exercise. Talk to someone you know about trying a class. There is no greater compliment than referring others students to our school to thank your instructors for their hard work. We appreciate your help in growing our school.

Website

Our new website, www.PalCheTSD.com has been launched. It is a great place to read more about our Studio and to get the latest announcements as well as Study & Training Guides, Newsletters, and much more. Check it out!

Demo Team

This Fall, students will have the opportunity to participate in two demonstrations at some local events. The first is the Glenolden Borough Community on Saturday, October 6th in Glenolden Park. Pal Che participated in this event last year, and it was a big success. The second is the Wallingford-Swarthmore School District's Wellness Fair at Strath Haven High School in Wallingford on Saturday, November 10th. We are looking for students of all ages and ranks who would be interested in presenting their skills. If interested, sign the sheet on the bulletin board.

Calendar of Events

Monday, August 6 th , 2012	Terminology & Study Class from 6:15PM to 7:00PM.
Saturday, August 18 th , 2012	Leadership Class, from 11:45AM to 1:15PM, Impact Martial Arts.
Thursday, August 23 rd , 2012	Mandatory Blue Belt (Cho Dan Bo) and Black Belt (Dan) Instructor Meeting, 7:30PM to 8:30PM. No Adult Class.
Friday, August 31 st , 2012	No Classes. Color Belt (Gup) Test: Youth & Adult Students @ 6:15PM; Black Belt (Dan) Pretest @7:15PM.
Monday, September 3 rd , 2012	Labor Day. Studio Closed.
Tuesday, September 4 th , 2012	New Fall Schedule takes effect.
Wednesday, September 5 th , 2012	Leadership Class, from 6:45PM to 8:15PM, @ Pal Che Tang Soo Do. No Kickboxing.
Tuesday, September 11 th , 2012	Terminology & Study Class from 6:15PM to 7:00PM.
Saturday, September 15 th , 2012	Black Belt (Dan) Test, 8:00AM to 4:00PM, Freedom Valley YMCA, Phoenixville, PA.
Saturday, September 22 nd , 2012	Leadership Class, from 11:45AM to 1:15PM, Impact Martial Arts.
Thursday, September 27 th , 2012	Tentative Color Belt (Gup) Test. Times TBA. No Classes.
Wednesday, October 3 rd , 2012	Leadership Class, from 6:45PM to 8:15PM, @ Pal Che Tang Soo Do. No Kickboxing.
Saturday, October 6 th , 2012 (rain date Sunday, October 7 th , 2012)	Glenolden Borough Community Day, from 12:30PM to 4:00PM, Glenolden Park
Saturday, October 20 th , 2012	Leadership Class, from 11:45AM to 1:15PM, Impact Martial Arts.
Friday-Saturday, October 26 th -27 th , 2012	Region 8 Championship, The Galleria at Split Rock Lodge, Lake Harmony, PA. Studio Closed.
Saturday, November 10 th , 2012	Wallingford-Swarthmore School District Wellness Fair, from 10:00AM to 2:00PM, Strath Haven High School, Wallingford, PA

New Students

Brooke Henry
Deborah Vallejo

August Birthdays

Kevin Karjono – 4th
Yasmine Cabrera – 7th
Ashley Moll – 7th

September Birthdays

Dana Leaver – 6th
John Lyons – 11th
Tyjuan Gardner – 11th
Aaron Kull – 15th

Here's a belated birthday wish to new student Brooke Henry who turned 4-years-old on July 31st.

Recent Promotions

Yasmine Cabrera – Orange Belt with Stripe (Chil Gup)
Keyon McKenzie – Yellow-Orange Dragon Belt
Gabriel Vallejo – White-Brown Tiger Belt
Zachary Smithson – White-Orange Tiger Belt

Instructor's Angle

By: Mr. Nicholas W. D'Amato

Thus Summer has been quite an eventful one for the World Tang Soo Do Association. In July 2012 we experienced a variety of emotions with the passing of GrandMaster Shin, the 14th Bi-Annual World Championship, the 30th Anniversary of the World Tang Soo Do Association's founding, and the Grand Opening of the new World Headquarters.

GrandMaster Jae Chul Shin passed away peacefully in his sleep on the morning of Monday, July 9th, 2012 with his family by his side. This came as a shock to many Tang Soo Do martial artists around the world, and the thoughts, prayers, well-wishes, photos, memories, memorabilia, and well-wishes, from both the present and years past, were being sent everywhere by phone, text, e-mail, and on FaceBook. Many items, including flowers and photos especially, were sent directly to the lobby of the new World Headquarters to be put on display to honor the late Kwan Chang Nim.

Then the weekend arrived, it was time for the World Championship to take place. It was July 20th-21st, 2012 at the Coliseum in Greensboro, North Carolina. There were over 1,500 competitors, with Black Belt (Dan) Divisions and Creativity on Friday, and the Ceremonies and all Color Belts (Gup) on Saturday. During the ceremony, there was a tribute to GrandMaster Shin, a Kids Karate Demonstration, a Masters Demonstration, the Announcement of Awards, and 20 people were promoted to higher Master Rank (Ko Dan Ja). Two students from Pal Che Tang Soo Do competed: Tyjuan Gardner and Kiana Gardner. They did very well in their respective

divisions. It marked the 30th Anniversary since the inception of the World Tang Soo Do Association, which was made clear on the Championship Patches that people wore on their uniforms. Many students also adorned the trim on their Uniforms (Dobohk) with pins of GrandMaster Shin and ribbons of his Ninth Degree Black Belt colors, which are red and black blocks. After the tournament was over there was a 30 Years Dinner to honor a group of Master who have been teaching the Martial Art of Tang Soo Do for the past three decades. There were 20 Master's being honored.

The next day, there was the Dedication of the on the site of the new World Headquarters. The local television station was on hand to report on the event. Although the weather looked bad, it held up, and things went smoothly. It started with hundreds of people gathering in the parking lot around the Um-Yang circle pavement. Everyone bowed in, and three flags were hung on the flag pole each to its proper anthem: American Flag, the South Korean Flag, and the World Tang Soo Do Flag. Some words were spoken, and some plaques were handed out to all the people who helped make this dream possible. Following the ribbon-cutting, there was a Memorial Service to honor GrandMaster Shin by the pastor from his Korean Church. Afterwards some of GrandMaster Shin's closest friends, mostly Masters who have known him for many years, each spoke and told a story about him as well as GrandMaster's Shin's son Robert. Then tours of the building were given the visitors.

After all that excitement, I returned home to Pal Che to return to the regular routine of training and teaching every day. Sometimes it is obvious and other times it is subtle, but I am constantly reminded why we do things here. It isn't for rank or riches, fame or fortune, but it is because we want to make a difference in the lives of others. Although it is often difficult to see on the average day, we must know that it is there. Tang Soo Do has certainly made a huge impact on my life after 16 years, and I am convinced that it already has and will continue to make a positive impact for you too.

Feature Article

By: Mr. Jon Blessington

This article was recently written by Jon Blessington. He entitled it: "Lessons from the Mound".

Indomitable Spirit is the seventh tenet of World Tang Soo Do. This means to never quit and find the courage to never accept less of one's self. It may appear difficult to be an unstoppable martial artist, but to become this is not impossible. All that is required is the courage to keep moving through the pain and discouragement others may put before each other. Being a warrior with Indomitable Spirit is not the sole property of the martial arts; all people from different walks of life can display this power. To find them, a person must only look for a trip or a stumble in a mighty person's step. If a person truly has Indomitable Spirit, no force in the Universe will ever stop them. These people will pick themselves up, dust off any dirt or bruises, learn from any mistakes, and comeback stronger than before they fell.

In 1888, Ernest Thayer wrote a poem "Casey at the Bat: A Ballad of the Republic Sung in the Year 1888." The basic concept of the poem is of a great Baseball player named Mighty Casey.

With two outs, down by two runs in the bottom of the ninth with two players in scoring position, Casey steps up to the plate to save the day. Being the greatest player in the world, Casey lets the first two pitches become strikes. He finally ready's his stance, and awaits the final pitch. He swings, strikes out, and the crowd leaves in tears.

Poems and stories are always under objective interpretation of the reader, but one direct concept gleaned from this Ballad is not to be overconfident (as was the fallen Casey). But peopled who are fans of baseball understand that even the greatest players strike out. If this was not true, a 0.375 batting average would be considered horrific. If a person were to take a second to look beyond the author's interpretation, he may appreciate the Mighty Casey's position. Maybe arrogance did contribute to Casey's downfall, but maybe this poem was written through the perception of a fan of the Mighty Casey. In the excited fan's mind, Casey will ALWAYS hit a homerun. The concept of Casey striking out is as alien to him as the blue line rule in hockey.

Yet if he could glimpse in the real perspective of Casey, he may see Casey looking for the right pitch. Casey is known as the greatest player on his team. Casey knew that with two outs and two men on base, the best chance his team had to win was for him to hit a homerun. With this knowledge and pressure, Mighty Casey needed a pitch that would give him a chance of getting that homer. The first two pitches were no doubt hittable (they were strikes), but the team did not need a single, double, nor triple. The team needed Casey to hit a homerun. With the first two pitches coming as strikes, Casey had to act. He struck out, and the people and team believe he let them down.

Such failures are not uncommon. Everyone meets failure at least 100 times in their lives. The most successful people fail on a daily basis. What separates these failures? The fact is that all successful people get up after they fail (fall 7 times, get up 8). Casey (and any other decent ball player) will either work on his swing, or learn to relax during these high pressure situations. Sometimes the answer to failure is to look forward and ready for the next challenge. This means not to let past failures hinder any forward activities and duties (Casey was a great hitter who struck out once...those would be amazing numbers). It is when people meet failure that they must rely on their Indomitable Spirit to guide them through the next contest. No matter what the score or outcome, a person never accepts defeat. A winner will always find a means to succeed. Success may be different from an initial goal, but the outcome is still the same. If someone wanted to be the GREATEST Martial Artist in the world, would he allow a loss to an opponent offset him? Would he give up because on one occasion he was not good enough? Never. Becoming the greatest requires a person to push. Never relenting nor surrendering. As an old military quote goes, "Surrender? Heck, we just got here!" Everyone stumbles (no matter how atrocious the fall) as long as a person has a heartbeat and a pulse, the game continues. A warrior will find a way, and their Indomitable Spirit will guide them.

Thought for the Month

"When one studies karate, he should not just study with the eyes in his head, but also with the eyes of his soul." — Gichin Funakoshi