**Brown Belt (4th Gup) Study Guide**

This Study Guide is designed to prepare you for your written examination. The answers to the questions below are found in your Student Manual. If you have any questions about the material, be sure to ask an Instructor. You are responsible for anything on previous Study Guides. You are also responsible for reading the Studio (Dojang) Newsletter. There may be questions on your test about the articles. This worksheet must be filled out and submitted in order to test.

**Terminology**

Foot \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Endurance \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Abdomen \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Examiner / Judge \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Fist \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ World \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Forehead \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Association \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Leg \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Balance \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Philtrum \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ One Finger Spear Hand \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Waist \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Two Finger Spear Hand \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Arm \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Knife Hand Block, Reverse Punch, Fighting Stance\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Elbow \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Knife Hand Block, Reverse Punch, Front Stance \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Groin \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Jump Spinning 180° Back Kick \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Chin \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Jumping Spinning 360° Back Kick \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**General Knowledge**

1. Why do we Kihap? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

3. Name the Capitals of North Korea and South Korea? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

3. Know the attitude requirements. (write answers on back of this sheet)

4. What is Soo Bahk Ki? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

5. What two (2) things are represented by the Belt System? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**History**

1. Name the three ancient kingdoms of Korea and the years they were founded. \_\_\_\_\_\_\_\_\_\_\_\_\_

2. Which dynasty united the three kingdoms? When were they united? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

3. Who was Wang Kun? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ 4. Who is Hwang Kee? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

5. In what year was the Mooyae Dobo Tongji written? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

6. In what year did Grandmaster Shin come to the USA? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Forms**

Peace and Confidence Form #3 – **Pyung Ahn Sam Dan**

Creator – **Master Anko Itosu**

Date Created – **1870**

Place Created – **Hunan Province, Southern China**

Number of Moves – **25**

Original Name – **Jae Nam**