

TANG SOO TIMES

ISSUE NO. 110

610-522-9120

OCTOBER 2000

PAL CHE TANG SOO DO

229 SOUTH CHESTER PIKE

GLENOLDEN, PA 19036

CALENDAR OF EVENTS

Oct 13 to 15 - Region 8 Championships. No classes.
Oct 23 - Gup test at Dojang. No adult class.

MONDAY NIGHT ADULT CLASS SCHEDULE

Oct 2 - Regular adult class.
Oct 9 - Sparring and tournament prep class.
Oct 16 - Regular adult class.
Oct 23 - Gup test at dojang. No adult class
Oct 30 - Black Belt class. Red belts and above.

MASTER'S CORNER

At the upcoming gup promotion test, the four people who successfully tested for promotion within the black belt hierarchy will have their promotions bestowed upon them. For Adam and John who were successful in their promotion to E Dan we are extremely proud of them. They represented Pal Che with dignity and honor. Their techniques were sharp, focused, and executed correctly. They made me proud to stand there and watch them. For Karen and Phil, they also made me extremely proud. They don't realize it yet, but there is a tremendous burden to wearing and being a Black Belt. Always, the whole world is watching and waiting for them to make a mistake. From the Dan Manual "...Black Belt does not only mean physical prowess, it means that whole process of spiritual, mental, and physical development for fulfilling the virtues of valor, wisdom, and benevolence..."

NEW STUDENTS

We would like to welcome the following new students to our Dojang and to the worldwide family of Tang Soo Do:

SCOTT DUFFY	MARY VALINOTE	CARYN BARRETT
KAITLIN FAGAN	ADAM FAGAN	MICHAEL D'ANGELO
PAT BOOTHROYD	JACLYN BOOTHROYD	JOHN SIMONS
CONNER MCCULLOUGH		SAMANTHTA STREET

Train often and train hard. You are on the steep portion of the classic learning curve and every class should reveal something new and exciting to you. If you ever have any questions, do not hesitate to ask a senior student.

SPECIAL ANNOUNCEMENT

School has started! Don't forget, when report cards are issued, you need to bring them in for me to see. Report cards containing all A's or all A's and B's can be submitted to Headquarters for a special award from Kwan Chang Nim.

DAN PROMOTIONS

We are pleased and proud to announce the following results from the Fall 2000 Dan testing cycle.

<u>NAME</u>	<u>RANK</u>	<u>DAN NUMBER</u>
ADAM BROOKS	E DAN	28161
JOHN ALESI	E DAN	29559
KAREN ANDERSON	CHO DAN	32517
PHIL POLLOCK	CHO DAN	32518

They will receive their promotions at the October gup test.

SPECIAL ARTICLE

Adam and Agi Gancarz spent the summer in Europe visiting relatives. They have just returned and resumed training. I asked Agi to write an article for the Newsletter about her trip. This is her submission.

I left for my vacation on June 18th and returned on September 4th. My mother, brother, and I went first to Nowy Sacz to my sister's house in Poland. In Nowy Sacz we usually went to the city, the pool, or we played with friends that we had met.

We traveled to Italy with my sister and stayed in a town called Catolica at the Hotel Pinocchio. The hotel was down the street from the beach. It was great going to the beach every day for a week. It was also nice meeting some Polish friends. My mother and I went to Florence. Florence is a city that was never rebuilt since being built thousands of years ago. I saw the 3rd largest church in the world and saw many famous statues that Michelangelo sculpted. We visited his grave in a Franciscan Church. We stayed in Italy for about two weeks and then returned to Poland.

In Poland we went hiking in the mountains. I liked that a lot. We then traveled to another Polish city called Prudnik - the town where my entire family was born. It is also the town that runs the best karate business in the world (I heard that from many people in Prudnik). A girl in Nowy Sacz won three first places in the karate world championships.

I had a wonderful time on my vacation and I also hope you enjoyed my story.

FEATURE ARTICLE

Dave Vorhees submitted the following article. He calls it,

"The Wind of Tang Soo Do".

Over the years I've been asked the same question by those not familiar with Tang Soo Do. "What is Tang Soo Do?" My response to this question has always been, "Tang refers to the T'ang Dynasty of China, Soo is the hand but implies fist, punch, or strike, and Do is the way of life." However, as I began to meditate on the real meaning of Tang Soo Do, I felt that although its literal translation was true, there was something deeper that I was missing in my answer.

During this past summer, I was able to go to Bermuda for a week. As I sat on the beach one day, a small breeze began to stir. In an instant it whipped past me and then vanished. "That's it," I said to myself. Tang Soo Do is like the wind. You can't see the wind itself, but you can see its effects on everything, like leaves rustling in the wind. It's like that with Tang Soo Do. You can't see Tang Soo Do but you can see its effects. It brings on a sense of honor and pride just knowing that you are learning an art that is over 2,000 years old.

Tang Soo Do can be gentle like a small breeze or it can be devastating like the winds of a hurricane. For instance, when you are practicing self-defense, are you going to be gentle using graceful moves, or are you going to meet the attack head-on and destroy your obstacle? The same can be applied to sparring as well. Are you going to flow around your opponent and use light moves, or is you going to smother every attempt they make at retaliating or trying to score a point?

Tang Soo Do is not just about studying movements and techniques. It is an art that is deeply rooted in your heart and your soul. We study an art that teaches not only the way of death, but life as well. It teaches how to respect both. That is the way of the warrior and a Tang Soo Do student.

In conclusion, I would have to say that in being able to answer correctly the question, "What is Tang Soo Do?" I am honoring those who have passed on this art from generation to generation. I am also honoring those who work hard teaching at Pal Che Tang Soo Do!

THOUGHT FOR THE MONTH

THE BLACK BELT IS NOT WORN AROUND THE WAIST BUT RATHER IN YOUR HEART AND MIND; AND AS SUCH, IT MUST BE WORN AND SEEN IN YOUR EVERYDAY ACTIONS, NOT JUST IN THE DOJANG.